



OUTLOOK



May
2026

www.mellorchurch.org
facebook.com/stthomasmellor
X:@stthomasmellor
Instagram.com/stthomasmellor

£1

The Parish of St. Thomas, Mellor

Registered charity No. 1130414

Vicar: Revd Andrew Tawn, The Vicarage, 51 Church Road, Mellor

Email revandrewtawn@gmail.com Tel 0161 604 4993

Parish Office: The Mellor Centre, Church Road, Mellor, Stockport SK6 5LX

For all enquiries and bookings for the church & Mellor Centre please contact 0161 484 5079 or email office@mellorchurch.org. The office is open Monday to Thursday 9.30am—12.30pm

Parish Office Admin	Karen Morris (Mon, Wed, & Thurs mornings)
Church Wardens	Alex Eggeman 07772849657 Mary Heijbroek 0161 427 3241
PCC Treasurer	Richard Elliott contact via Parish Office
Assistant Treasurers	David Butterworth, Andrew Sanders
Gift Aid Secretary	Karen Greenough
PCC Secretary	Julie Elliott, 64 Ernocroft Road 0161 427 5981
Director of Music	Tom Howling (email: t.howling@nhs.net)
Elected Members of PCC	Ian Dayes, Julie Elliott, Richard Elliott, Rachel Howling, Sylvia Knight, Anthony Langford, Carol Langford, Angie Stanton, Emma Wilson (Safe-guarding Officer), Sian Yeowell
Deanery / Diocesan	Mary Heijbroek/Rachel Howling/Judith Shiel
Churches Together in Marple	Helen Kennedy/Judith Shiel
Pastoral Care Grp Co-Ord	Lesley Futchter 0161 449 0977
Editors of Outlook Magazine	Julia Mann and Maggie Williams

We welcome articles for Outlook which should be submitted to the editors (preferably by email) to melloroutlooksubmissions@gmail.com. Deadline for the June issue is May 15th please.

CALENDAR OF EVENTS FOR MAY 2026

3 Sun 5th Sunday of Easter	8.30 am 10.00 am	Holy Communion Parish Communion (No evening service this day)
6 Wed 9 Sat	10.00 am 10.00am– 12.30 7.30 pm	Holy Communion (Mellor Centre) Christian Aid Plant sale (Marple Methodist Church) Concert (Mellor Centre) Triplicity Oboe Trio
10 Sun 6th Sunday of Easter	8.30 am 10.00 am 6.30 pm	Holy Communion Parish Communion Evening Prayer (Mellor Centre)
13 Wed 14 Thurs (Ascension)	10.00 am 6.30pm 7.30 pm	Holy Communion (Mellor Centre) Fete Shower (201 Longhurst Lane) Holy Communion (Church)
17 Sun 7th Sunday of Easter	8.30 am 10.00 am 11.45 am 6.30 pm	Holy Communion Parish Communion APCM (Mellor Centre) Choral Evensong
20 Wed	10.00 am 2.00pm-4.00pm	Holy Communion (Mellor Centre) Matinee of Music (Mellor Centre)
24 Sun Pentecost Whit Sunday	8.30 am 10.00 am 6.30 pm	Holy Communion Parish Communion Evening Prayer (Mellor Centre)
27 Wed 30 Sat	10.00 am 11.00 am 7.30 pm	Holy Communion (Mellor Centre) Baptism Organ recital Robin Shakespeare
31 Sun Trinity Sunday	8.30 am 10.00 am 6.30 pm	Holy Communion Parish Communion Evening Prayer (Parish Centre)

Prayer Group meets every Monday from 10.30am to 11am (Mellor Centre)
 Women's Evening Fellowship meets on the second Wednesday at 7.30pm (Mellor Centre)
 Toddler Group meets in term time on Thursday each week 10am-11.30am (Mellor Centre)
 Knit and Natter meets on Thursday each week 10.30am –12 noon (Mellor Centre)
 The choir practises each week on Friday at 6.30pm (church)

Vicar's Viewpoint



Well-being manifesto

Thank you to everyone who attended the Lent course this year, as we reflected on the theme of 'life in all its fullness' in relation to the Lenten disciplines, the Bible and insights from the science of well-being. I particularly want to express my thanks and appreciation to Chris Lynas for all that he contributed to the course - I really enjoyed working together with him. We ended with this 'happiness manifesto' - a summary of things we can do which are proven to increase our sense of well-being and our levels of happiness. Is there something here you could try?

1. **Get physical.** Take half an hour of exercise three times a week.
2. **Have a good laugh.**
3. **Count your blessings.** At the end of each day, reflect on at least five things you are grateful for. Try to be specific and think of different things each day.
4. **Take time to talk.** Have a proper, uninterrupted conversation with your partner or closest friend each week.
5. **Plant something** - in a pot or in the garden, and watch it grow.
6. **Cut your screen time by half** (TV, computer, phone etc). Apparently our happiness levels drop by 20% when we go on social media!
7. **Smile** or say hello to a stranger. Every day, if you can.
8. **Phone a friend.** Make contact with at least one friend or relation whom you have not spoken to for a while. If possible arrange to meet up.
9. **Give yourself a treat** - do something you really enjoy and take time to savour it and really enjoy it.
- 10 **Spread some kindness.** Do a good turn for someone every day.

APCM (Annual Parochial Church Meeting)

The APCM this year will be held on Sunday 17th May in the Mellor Centre, at around 11.45 am (following on after the 10 am service). Please put the date in your diaries and stay on after the morning service (or even just come at 11.45 am). This is a meeting for the whole church, not just the PCC. There will be elections, reports on the past year, thanks and celebrations, and a chance for you to ask questions.

Ascension Day and Pentecost

The Easter season draws to a close with these two great festivals, 40 and 50 days after Easter respectively. We will mark Ascension on the day itself with a communion service in the Lady Chapel in church - Thursday 14th May 7.30 pm.

Pentecost Sunday (24th May this year) is often considered the birthday of the Church. Before the first Pentecost the disciples were frightened, hiding behind locked doors for fear of being arrested, lacking hope and faith. After Pentecost we see them living a life of dynamic fellowship, preaching with such passion and purpose that the Church spread rapidly across the Mediterranean region and beyond. Before Pentecost they are usually referred to as disciples - that is, 'learners'. After Pentecost they are called apostles - 'those who are sent'. It is hard to account for such a transformation in purely human terms. The apostles believed this was made possible not by their own efforts but by the Holy Spirit working in and through them, and they experienced the fellowship of the Holy Spirit in the sense of community they found in the Church. At Pentecost we celebrate not only what happened to those first disciples, but the living presence of the Holy Spirit in our churches today, animating our fellowship and inspiring our worship and ministry.

God of power,
may the boldness of your Spirit transform us,
may the gentleness of your Spirit lead us,
may the gifts of your Spirit equip us
to serve and worship you
now and always.
Amen.

Andrew



Job opportunity: Caretaker for the Mellor Centre

Hours of duty : Basic 14 hours a week, working daily from 7.30 am to 10.30 am Monday to Thursday and 7.30 am to 9.30 am on Friday. Possibly another two hours to be worked by arrangement.

Rate of pay: £12.75 per hour

Holiday: 20 days holiday per year pro rata (which works out as 12 days per year). In addition 3 days off at Christmas plus bank holidays.

We are looking for a person who is honest and trustworthy, who has high standards of cleanliness, who is friendly and welcoming, and who is prepared to be flexible to meet the needs of user groups and occasional lets. Responsibilities of the role include:

Ensuring that the premises are kept secure, safe and clean.
Liaising routinely with regular and occasional users of the centre to ensure their needs are met. Setting out and putting away tables and chairs as required by users. Undertaking maintenance and minor repairs.

Please contact Sue McAllister for more information and an application form: susanmcallister86@yahoo.co.uk

Closing date for applications: Friday 12th June 2026

Interviews: Tuesday 23rd June 2026



Mellor Birds



Helen K at the top of Townscliffe Lane was playing scales on her piano when she looked out of her window and saw not one but two goldcrests flitting about in a bush with their wonderful bright yellow crowns. They are not easy to see as they never stay still. They only weigh about 5 grams - the same as a 20p coin. Their call is similar to a long tailed tit zee-zee-zee. They are usually in conifer trees. After 60

years I think I'll have a go again at playing scales!

I was very pleased to hear from John LeGrove the organ voluntaries recently in church were Daquin's *Le coucou* before the service and Johann Caspar Kerll's *Capriccio Cucu* afterwards.

I often wonder what is the best way to get grandchildren interested in birds. Over Easter I was successful with my 10 year old grandson who wakes up at 6am. We went out at 6am to hear the dawn chorus and had the Merlin app going at the same time so he could see if I was correct in what I said we were hearing. We were in Italy and I had not realised 90% of the birds are the same as in Mellor! Blackbirds, swifts, blackcaps, crows, robin, bluetit, great tit, wren, magpie, canada geese, collared dove, starling, greenfinch, nuthatch, woodpigeon.....

As I was away over Easter I thought on Easter Sunday, in the evening, I would go on you tube to hear Revd Andrew's sermon at the St Thomas' church's service. Imagine my surprise when I heard a church full of bird song as Andrew was telling the Easter story, which included bird song in the garden of Gethsemane. Three volunteers were blowing into something that made very sweet bird sounds.

Swallows have returned to Knowle Farm!

Maggie Williams



The Mellor Centre

An excellent venue for all conferences, parties, celebrations, concerts, classes, meetings, business training, wedding receptions...

Why do so many people choose the Parish Centre?

- * Characterful, well-maintained building with choice of different room sizes
- * Attractive location
- * Plenty of free accessible parking
- * Comfortably and adaptably furnished
- * Kitchen and catering facilities
- * Reasonable and flexible rental rates
- * Disabled access, hearing loop
- * Use of presentation equipment included in cost (with free Wi-Fi)



Try us for your next event. See our facilities at
www.mellorcentre.org or call 0161 484 5079

MARPLE NATURALISTS

Wednesday 6 May 2026

**Why did the Hedgehog Cross the Road
is a Talk by Hugh Warwick on
Hedgehog Preservation**

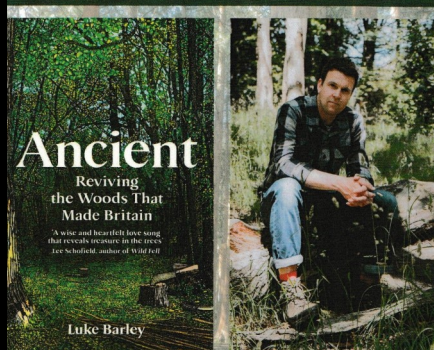


Author, ecologist and photographer, Hugh has a passion for life - wild and otherwise. He has written 8 books and is spokesperson for the British Hedgehog Preservation Society. He will deliver a serious yet amusing talk looking at the threats faced by the nation's favourite wild animal

7.30 pm United Reformed Church
Hibbert Lane, Marple SK6 7NN. Visitors Welcome:
£5.00

For further information call Jane Michael on 07917
434598
or Deb Cavanagh on 07810 450764

SERENITY BOOKSELLERS



ANCIENT Luke Barley in conversation

Tuesday 12th May, 6.30 (doors 6.00)
2 The Precinct, Romiley, Stockport, SK6 4EA

Luke Barley is a senior advisor for the National Trust and a former ranger whose love of trees and forests stems from playing in the local woodland around Marple and Mellor where he grew up. His new book *Ancient: Reviving the Woods That Made Britain* is a fascinating and passionate look at the hidden history of our forests and how they shaped, and were shaped by, its people.

Mellor Afternoon Tea Concert

Mellor Parish Centre Sunday May 10th 3pm

Pleyel Ensemble

Janet Hilton clarinet

David Aspin viola

Harvey Davies piano

Music by Mozart, Schumann, Bruch and Rebecca Clarke

Tickets £20 (under 16s £5) to include delicious home-made cakes

Book at www.pleyelensemble.com or pay on the door

Sponsored by

John Whibley

"Holidays with Music"

& TRAVEL FOR THE ARTS



CHRISTIAN AID WEEK 10th—16th May 2026

PLANT & CAKE SALE

At Marple Methodist Church, Church Lane SK6 7AW

Saturday 9 May 2026 10.00 am – 12.30pm

INVITATION TO GARDENERS AND PLANT GROWERS

It's that time of year again to prepare for the annual **Christian Aid Plant Sale**. This is a general request to all gardeners and growers. Please plan to have some extra bedding plants to sell or find some herbaceous perennials that you can split and pot up for the Plant Sale to support Christian Aid.

Women's Evening Fellowship

Fête Shower



As you are aware our meetings are now taking place in evenings until October. As May is approaching we now have our **Fete Shower** to look forward to. It is on the **13th May at 201 Longhurst Lane** Mellor. Tickets are to be sold by Sue McAllister or Judy Cooper but you can always pay at the entrance, the fee is **£5**. This begins at **6.30 with strawberries and cream**, shortbread, Prosecco and Bucks Fizz. There are stalls of things to buy possibly a quiz and a raffle. So please come along you will be very welcomed. (Also see page 13 advertisement).

Margaret Smith (Our new Chairman)

Triplicity Oboe Trio

Oboes

... Sue Edwards

... Jonathan Tobutt

Cor Anglais

... Zoe Glossop



Triplicity is a Manchester based ensemble established in 2023 primarily to champion British works of the genre as well as promoting marginalised women composers by creating engaging programmes that explore the idiosyncratic and vibrant soundworld of the oboe trio.

Their programme will present an eclectic musical journey of little known British repertoire including works by Elizabeth Faulkner, Mary Chandler and Stephen Binnington, a rare performance of Alan Richardson's

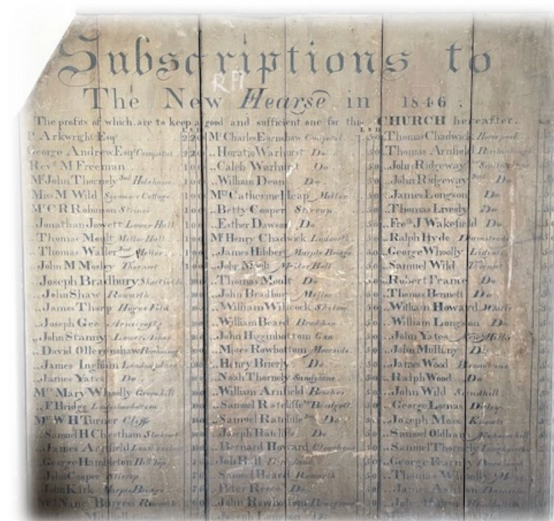
Suite for two oboes and cor anglais in five movements (1967), as well as revisiting Vienna in the late eighteenth century with a performance of Beethoven's *Trio for two oboes and cor anglais Op.87*

Saturday 9th May 7.30 pm

The Mellor Centre SK6 5LX

Mellor Church Bellringers

Hearse House Appeal



The board above acknowledges the people who, in 1846, funded the building of the Hearse House by the gate of the church. The bellringers want to repair this board and find a place where it can be displayed safely as an important piece of Mellor history. They will also make some repairs to the building. This will be done as a centenary appeal marking 100 years since the present bell, Old Paddy, was hung in the tower. Any support will be very much appreciated.

Donations should be sent to

Festival of Bells

Vernon Building Society

20 55 34

Ac 10920320

Ref. 0519006698

Or by cheque made out to Festival of Bells and given to a bellringer.

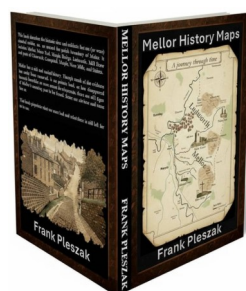


Mellor History Maps

Local author Frank Pleszak has completed a fabulous new book called "Mellor History Maps". The book is a listing of the historic sites in and around the parish boundary of Mellor. There are 41 chapters each with a map and itemised locations with a short description of each location, most are illustrated with a photo or artwork by local artists. The book is A4 size and very high quality with over 300 pages in full colour. This book describes the historic sites and artifacts that are (or were) situated within, on, or around the parish boundary of Mellor, including Mellor, Moor End, Marple Bridge, Ludworth, Mill Brow and parts of Chisworth, Compstall, Marple, New Mills and Strines. Mellor has a rich and varied history.

Though much of the evidence has sadly been removed, is on private land, or has disappeared beneath brambles or more recent developments, there are still signs of Mellor's amazing past to be found. Some are obvious and some less so. This book pinpoints what we once had and what there is still left for us to see. The limited edition book is available from Frank by emailing

books@pleszak.com



JANUARY, FEBRUARY, MARCH...

Our annual calendar was laid down by Julius Caesar in 46BC with 365 days in a year to align with the earth's orbit of the sun. He also instituted the Leap Year, every 4 years, to maintain accuracy.



In 1582 Pope Gregory XIII reset the calendar because it had drifted out of time with the orbit so that 4 October 1582 was followed by the 15th October 1582. There was a recalculation of Leap Years so that there should be one every 4 years except century years unless divisible by 400. We have stuck with this system, and also stuck with the Roman names of months which is curious given that this has been a predominantly Christian country since the arrival of St Augustine in 596AD. St Augustine brought the Roman calendar with him, as did Roman Catholic missionaries all over Europe.

January is named after the Roman God Janus, the god of beginnings and ends so it is appropriate that the first month in the year should be named after Janus. Statues of Janus are typically simple plinths surmounted by two heads back to back: there is an excellent example of such a statue in the Mellor Archeological Trust garden next to the entrance to St.Thomas's.

February name comes from februa which was a time of ritual cleansing in Rome, with the festival of Lupercalia from the 13th-15th being the high point.

March is named for the Roman god Mars who was the god of war, and was also regarded as a protector of agriculture. Mars was the mythological father of Romulus and Remus the supposed founders of Rome. The 15th, which was The Ides of March was sacred to Jupiter, and was the day Julius Caesar was assassinated in 44BC.

April is thought to derive from the Latin verb aperire which means "to open" which refers to the Spring opening of plants. The most important day was the 21st which was celebrated as the anniversary of the founding of Rome.

May was dedicated to the god Maia, the god of Spring, fertility and growth.

June is named after the Roman goddess Juno, the wife of Jupiter, and queen of the gods and the patroness of marriage and childbirth.

July was originally named Quintillis but was renamed Julius in 44BC in honour of Julius Caesar who had been assassinated on the Ides of March that year.

August was originally named Sextilis, but in 8BC was renamed for Augustus Caesar who was the first Roman emperor.

The original Roman calendar comprised 10 months which is why the last 4 months of our calendar are named Seventh, Eighth, Ninth and Tenth. Month names are the same all over western Europe, with some small

The Art of Zen Weekend Course 31st July to 2nd August in Mellor Centre

How can we weave mindfulness into our everyday life? Zen Master Thich Nhat Hanh, proposed for a Nobel peace prize by Martin Luther King Jr., provides us with a wealth of ideas including mindful walking, eating and communicating as well as sitting and deep relaxation meditations. A non-residential weekend course based on his teachings is being offered at ***The Mellor Centre from the evening of Friday 31st July to the afternoon of Sunday 2nd August, with numbers limited to just 16 people.*** Zen wisdom provides a way to peace within ourselves, and hence enables us to take peace out into the world through our daily interactions with others. The weekend will be interactive and explorative, with a mixture of guided meditations, group discussions, and practical exercises. The course is led by Lauri Bower PhD and Katie Sheen MA Ed, who have both been practising within the 'Plum Village' tradition of Thich Nhat Hanh for many years, and offering this course since 2016. Although rooted in Buddhist meditation techniques, Zen is not a belief system and the course is suitable for those of all faiths or none; everyone is welcome. For full information and to book: bit.ly/StockportJul Please ensure you can attend the whole weekend before booking; details of other online and in-person courses are at www.plumvillage.uk/learn-mindfulness or email katie@plumvillage.uk with any questions you may have. Thank you.



BRIDGE LAW

GETTING YOU FROM WHERE YOU ARE
NOW TO WHERE YOU WANT TO BE

Specialisms: wills and probate, litigation,
family law, employment law, equine law

0161 427 0084 / 0800 840 1183
info@bridgelawsolicitors.co.uk
www.bridgelawsolicitors.co.uk

Martin Quinn
(Est.1983)
Plumbing

PLUMBING REPAIRS
ALL SMALL JOBS WELCOME
FRIENDLY SERVICE

35 Alan Drive, Marple, Stockport,
SK6 6LN

07774 480636 or 0161 221 3259

martinquinnplumbing@hotmail.co.uk

At Ridings we always provide comprehensive examinations using 3D OCT scanning technology to accurately diagnose eye conditions early.

RIDINGS
OPTICIANS

Book in online via our website, call us on
427-4945 or pop in and see us.

Rayban - Tom Ford - Wolf - WOOW - Vanni - Pro Design

While we are committed to supporting local businesses, the inclusion of advertisements in OUTLOOK does not constitute an endorsement or recommendation of the services advertised.

Arbella Gardens

Garden Design & Build
Quality Garden Care & Rejuvenation
on a Project or Regular Basis
RHS Horticulture, Design & Permaculture
Qualified
Diana Cole 07761 466428 (mobile)
www.arbellagardens.co.uk

Whiting & Mason

Specialising in Residential and Commercial Conveyancing, Wills and Probate, Matrimonial Law, Lasting Powers of Attorney and Court of Protection Proceedings.

Please call Richard Jones or Neil Gunson for any information you require.

We are here to help

Solicitors and Commissioners of Oaths

17 - 19 Stockport Road,
Marple, Stockport SK6 6BD

Tel: 0161 427 1040.
Fa: 0161 426 0923

marple@whitingmason.co.uk.



Anyone for Tennis?

Come and join your local, friendly and great value Tennis Club. We welcome all ages and all abilities for regular Social and Team Tennis on our year-round, all-weather, floodlit courts.

Tennis coaching is also available.

New members welcome - join for the 24/25 season starting 1st April at

<https://clubspark.lta.org.uk/mellorlrtc/Membership/Join>

Contact Lucy Greenaway for more information at
lucygreenaway@hotmail.co.uk

Mellor Sports Club. 215 Longhurst Lane. Mellor SK6 5PN

Message from Your Rose Queen 2026-27

Hi, my name is Beatrix Ashton and I'm really excited to be the Mellor Rose Queen for 2026-27! I've lived in Mellor all my life and I honestly love being part of such a friendly community. It's so nice being able to go out for a walk and always see familiar faces — it really makes Mellor feel like home.

I'm 11 years old and go to Mellor Primary School, where I've made lots of great friends. At home, I live with my family, including my two brothers and our dog. One of my favourite memories is going on holiday to Gran Canaria with my mum — we had such an amazing time together and it's something I'll always remember.



In my spare time, I love putting my headphones on and listening to music. I also enjoy staying active and take part in lacrosse, dancing and gymnastics through my clubs. In the future, I'd love to progress in lacrosse by getting onto Metros like my older brother, and maybe even have the chance to go to America with Stockport Metros one day. I'm really proud to already play for both Cheshire and Mellor.

All of my Rose Queen attendants have not yet been confirmed but Ellen Roche, Edward Greatorex and my little brother Franklin are all eager to support me.

For my charity, I've chosen Asthma and Lung UK. They do really important work researching serious lung conditions, including fibrosis, and supporting people who are affected by them. This charity means a lot to me and my family, as my great grandma sadly passed away last February from a lung condition. Supporting them feels really important to me as they do research into new medicines for different lung conditions.

We're all really looking forward to a fun year of events, fundraising and bringing everyone together, and I hope to see lots of you there!

Thank you,

Bea

***Save the Date
for
Mellor Fête and Well Dressing
27th June 2026***



Free entry

Bring a teddy to be parachuted, a dog to join the Wacky Woofy Dog Show
Also Punch and Judy, Maypole dancing and Human Fruit Machine
All you need for great family entertainment
Lunches and afternoon teas start at 12pm
Mellor's new Rose Queen Bea to be crowned at 1pm
when the BEER TENT will be open
Burgers, plants, jams, cakes and books will be on sale. Bric a Brac, toy
tombola, bottle tombola, football, golf and more
Races and Tug of War about 3.30pm.
As usual in the evening at 7pm there is **Band on the Hill**, great to dance and
listen to, with Woodstock Pizza. Free entry

We will be needing lots of volunteers - if you can help please
contact the Fête committee or email Maggie Williams
mpw266@gmail.com

Friends of the Mellor Centre – A report on 2025

The 2025 Friends Committee, made up of only 6 of us (small but perfectly formed, or simply too small ??). We worked in a non-hierarchical way, shared most of the jobs, somehow executed a number of events, and enjoyed our endeavours. Since we're a small team, we're utterly reliant on the occasional Friends helpers who set up, wash up, bake, serve, and support our endeavours. The main reason for the Friends Committee is fundraising – to meet the shortfall between the income generated by the Mellor Centre, and its outgoings: in 2025 that amounted to just over £7,000. The Friends generate income through subscriptions, events, fundraising, gift aid and donations. Last year our success was due in part to our efforts in the wonderfully successful '*Mellor Open Gardens*' event which raised over £22,000, shared between Cancer Research UK and The Mellor Centre. Our huge thanks are due to Mary Hoult who headed up the amazing MOG Committee with her usual energy, belief and determination which permeated the work of well over 100 local volunteers including dozens of Friends.

Following the road closure of last February and March, our first Friends event was an 'American Songbook' night on **4th April**. Jen Lowe sang well known favourites, her friend Claire played piano. We ran a bar and raffle, served chilli and apple pie. We sold 60 tickets, and raised a profit of £1,067.

On **30th April** Paddy Cunningham organized a fabulous concert of Jazz music with all proceeds to the Friends - £768 was raised for the Mellor Centre. Thank you Paddy. The **21st May** saw the return of David Seddon for an afternoon of erudite chat and music on the poetry of Oscar Hammerstein followed by tea and cakes. The event raised £175 for the Mellor Centre, and £50 for the NSPCC.

On **14th June** we tried something different. William Heijbroek invited his friend Jane Clare, a professional wine writer, taster and presenter. Together they led us through an enjoyable evening of tasting eight good, affordable wines while we learned about grapes, terroir, methods and how to sniff and sip! Tickets were limited to 36 participants and made a profit of £424 for the Centre.

At the **end of June** Dave and Lynda Johnson's granddaughter Gabriella (14) organized a dance show. She made posters and programmes, created all the choreography for groups of her friends, and used her savings to buy costumes for all the young dancers. They had a Ball, and were thrilled to raise £235 for the Mellor Centre. Gabriella is even planning for something similar again.

After the summer break, on **11th October**, we welcomed Mike Barley back for another Quiz Night and Hotpot Supper. As usual Mike put a huge effort into creating a really fun, demanding, inclusive quiz. A bar, raffle, endless hotpot, and the sale of 60 tickets yielded a fantastic £1,055 for the Centre.

On **26th October** we ran our third annual Arts and Crafts Exhibition, showcasing the skills of quilters, knitters, painters and more. A huge effort from members of all the crafting groups who meet in the Centre, and an army of cake bakers, tea makers and kitchen slaves meant that the day created a profit of over £900 for the Centre. We hope the creatives will be with us again this autumn.

Our final event of the year, on **13th December** was our second Café Carols – informal carol singing and readings for all ages, with free drinks and Christmas goodies. Though we didn't attract as many families as we had done the previous year, everyone who came had a wonderful afternoon, we saw new people come to the Centre, and raised £91 in donations.

At the end of the year, the Friends Committee were able to make a contribution of £15,000 towards the upkeep and development of the Mellor Centre, and still hold cash in the bank – a good place from which to start this year's efforts. Thank you to the many Friends who have enabled this.

**PLEASE SAVE THE FOLLOWING DATE AND
SUPPORT**



“A NGHT FOR UKRAINE” on Saturday 6th June

Katya and John Wilson will lead us in a night of music and song from Ukraine, with Ukrainian food and drink, to raise money for two Ukrainian charities. Tickets £20 adults, £10 u18s from the Centre Office. Come and join us for what will be a memorable night.

Angie Stanton

WANTED!

YOUR LOW MILEAGE, ONE OR TWO OWNER CAR, ESTATE, MPV OR SMALL/MEDIUM VAN WITH SERVICE HISTORY

FINANCE SETTLED

THOUSANDS OF SATISFIED CUSTOMERS

HIGH LANE GARAGE

ESTABLISHED 1927

WE'RE OPPOSITE THE RED LION

📱 www.highlanegarage.co.uk

✉ Email: peter.murrayhlg@gmail.com

☎ **01663 763355 / 764566**

📍 **111-113 Buxton Road, High Lane Village, Stockport SK6 8DX**

Nancy Cloughley's view of The Royal Exchange and Manchester

Reading Joan's take of life at the Royal Exchange in Manchester reminded me of an incident in my life - several years previous to her experiences. I must have been about 16 at the time.

At school we had been asked to write an essay about somewhere interesting we had been in the holidays. I was a Lancashire girl and my school was on the Yorkshire Coast. My father suggested he take me to see the Royal Exchange as this would be quite foreign to them. Daddy was in the cotton industry and every week went there to do business. However, as at that time women were not allowed on the floor of the Royal Exchange he had to ask permission to take me there. He told me that every Tuesday and Friday the floor would be covered with buyers and sellers from all the cotton industry in Lancashire and Yorkshire, each with his own particular spot where he would be known, all smartly dressed plus hat, usually bowlers. Afterwards they might then socialise in local cafes and pubs.

The bowlers then reminded me of slightly later when I was ready to start work. Daddy regarded what I wanted to do as disgraceful (he was born in 1898) and accordingly aged 18 I was sent to learn short-hand and typing at Miss Wilkinson's in Lloyd Street, off Albert Square in Manchester who advertised on the front page of the Manchester Guardian as "a secretarial training for gentlewomen". Can you imagine that today?

My first job was at the Royal Insurance Co. in St. Anne's Square, opposite the entrance to the Royal Exchange and there all the men, whatever their age, were required to wear a formal hat going to and from work. At that time anyone working in the city and elsewhere in offices and shops had to be smartly dressed. – none of the casual wear one sees today.

Anan

Lime and Coconut Traybake

Jill Baker

This is mainly Nancy Birtwhistle with a touch of Delia. A fresher cake for a hopefully Spring-like month. Pre-soaking the coconut in lime juice whilst you line the tin and make the batter helps give a moist cake. If you do not have lime cordial use extra lime juice.

Makes 12 slices

For the cake

50g desiccated coconut

Grated zest and juice 1 lime

3 tbsp lime cordial (I only had lime and mint and it was fine)

120g margarine or butter

110g caster sugar

2 lge or 3 medium eggs

145g SR flour

1 tbsp thick full fat yoghurt (Delia does not use this so optional a tbsp mild will be ok if you do not have any)

For the icing

1 lime ½ tsp lime cordial

120g icing sugar sifted

Approx. 1 tbsp cold water

Line the base of an 8 inch /20cm square loose bottomed cake tin

Preheat the oven to 190°C - Gas5

Method Put the coconut in a small bowl with the lime zest and juice plus the cordial. Cream the butter and sugar together until light and fluffy. Add the eggs one at a time whisking well then fold in the flour and finally the coconut mix and yoghurt. Fill the cake tin and bake for 20-25 minutes. Remove from the oven and cool.

Make the icing by zesting the lime keep for decoration. Then the most complicated part – but also the part that makes the icing so delicious . segment the lime by cutting off the top and bottom and then removing the skin and pith with a sharp knife. Then cut the segments from between the membrane that separates them. (I am sure you can find how to do this on YouTube. Place these segments in a bowl with any lime juice and lime cordial.) Add the sifted icing sugar and water as needed.



The segments will break up as you mix . The icing should be the consistency of whipped double cream. Spread over the cake and top with grated zest and if liked some toasted coconut (make this by heating 2 tbsp coconut in a pan for few minutes, when dry frying keep it moving all the time until pale golden. Cool before adding to the cake).

Delia sandwiches two layers of this cake with icing as well as topping with the icing.

Ed MW: this was delicious.

Our bespoke care plans can include;

- Companionship
- Transport to appointments
- Dementia and Alzheimer care
- Home help and meal preparation
- Personal care
- Shopping
- Assistance with pets
- Collecting prescriptions
- Exercise




Also Now Recruiting
Care Professionals

Each Home Instead Senior Care franchise is independently owned and operated

For a **FREE Care Consultation**, contact our dedicated team 📞 **01663 765 510** or ✉ **chris.blain@highpeak.homeinstead.co.uk**

📍 **Home Instead Senior Care** 96 Buxton Road, High Line, Stockport, SK6 8DX



**C. Hynes
Roofing Services**

- Stone Slating
- Slating
- Tiling
- General Repairs
- Chimney Repairs
- Flat Roofs
- Velux Windows
- Guttering




www.chynesroofing.co.uk
info@chynesroofing.co.uk
0773 993 7466
0161 900 8852

**City & Guilds
Qualified**

VELUX

ROB PRESTON PLASTERER

DRY-LINING • PLASTER BOARDING
HARD WALL PLASTERING
RENDERING • SKIMMING • COVING

COVERING STOCKPORT & HIGH PEAK
07967 311818
✉ **ROBPRESTONPLASTERER@GMAIL.COM**



LIGHTNING REPAIRS LTD

REPAIRS TO .TV
 .HI.FI
 .DVD
 .WASHERS/DRYERS
 .ELECTRIC
 COOKERS/OVENS
 .DISHWASHERS

VINTAGE EQUIPMENT REPAIRS
 RECORD PLAYERS TAPE DECKS ETC

TEL: 0161 427 8181
 MOB: 07974 737432

10 Leighton Drive, Marple Bridge
 ALL WORK GUARANTEED 6 MONTHS

ESTABLISHED 1986



Mellor Art Society

We are a self-help group of amateur artists who meet every Wednesday from **7pm to 9pm** at St Martin's Church Hall, Brabyns Brow, Marple Bridge. We also have speakers and workshops in many diverse and inspirational techniques.



If you would like to join us please contact our membership secretary on 07754775194 or membership membershipmellorart@gmail.com

Established 1920

Telephone 427 2276

MALCOLM SHAW & SON LIMITED

M.N.A.F.D.

Pre-paid Funeral Plans

Complete Funeral Directors – Private Chapel of Rest

OFFICE: 3 Church Street, Marple, Stockport SK6 6BT

www.malcolmshawandsonltd.co.uk

info@malcolmshawandsonltd.co.uk

Malcolm Shaw & Son Ltd are celebrating "100 Years Anniversary"

StoneWorks & Landscapes

All aspects of Stonework Landscaping

Flooring – external & internal stone Flagging, Patios, Driveways, Paths, Hallways, Kitchens etc..

Restoring – Stone Floor – Also restore old steps or windowsills

Walling – Dry stone walling
Designs carved to design or to match existing stone work

Landscaping – Ground work, turfing etc.

Free Quotes

Call Will Maltby – 07771 657324



Est.1997

Over 30 Years trade experience
Advanced City & Guilds Craft Qualified



e-mail watersidedecor@gmail.com

Marple 0161 427 7520

07798 701 670

www.watersideinteriors.co.uk

The Friends of Mellor welcome

Philip Villaney and David Seddon



with their presentation entitled
MATINEE OF MUSIC

"Tales of 5 songs. Enjoy some gossip about Schubert, Sullivan, Quilter, Gershwin & Swann. Then hear the songs."

2- 4pm Wednesday 20th May
The Mellor Centre



Schubert

Sullivan

Gershwins

Quilter

Swann

PCC Meeting report for March

The PCC meeting in March was to be one of our 'vision' meetings, when we discuss a topic rather than concentrating on business. However, we did talk about preparations for the Annual Parochial Church Meeting (APCM), which is in effect the church's annual general meeting and will be taking place on Sunday 17th May at 11.45am in the Mellor Centre.

The main topic for discussion was a proposal that had been made that we consider starting to hold occasional services in the Mellor Centre as we used to do some years ago. There was an exploratory discussion of this which included consideration of what opportunities this might offer which would be different from services in the constraints of the church building. Also consideration of the 'pros' and 'cons' of doing this. The outcome was a general intention to look at offering three or four such services over the coming year as an 'experiment' however Andrew proposed to firstly raise this at the APCM meeting to allow for discussion and consultation with the congregation. Julie Elliott, PCC Secretary

The Wandering Chorister

Durham Cathedral

Durham, standing proudly on a bend of the River Wear, was founded in 995 by monks fleeing the Viking raids on Lindisfarne. It was a place of pilgrimage, with shrines of the saints Cuthbert and Bede. Generous donations paid for the building we see today. I like Durham.



The locals are friendly, student voices fill the air with the sounds of Fulham and Putney. It's usually our first cathedral of the year, so everyone is fresh and enthusiastic.

The choir rehearsal room is accessed via a steep staircase, quite a challenge for some of us. We robe in the Chapter House below, resting place of medieval clergy, and familiar to film buffs as Harry Potter's classroom.

Choir supporters will have a long, easy drive. Arrive early for a cooked breakfast, browse the market stalls, and take a stroll by the river. Durham can be chilly, so dress accordingly. I recommend the cathedral tour; the guides are excellent. There's a decent, if busy, restaurant and an outstanding gift shop. I sang, yet again, with the RSCM Northern Cathedral Singers who sing at six venues a year. Entry by audition. A friendly bunch.

Lighten Our Darkness— Illuminating Choral Evensong DVD Set

After the special showing of this beautiful film featuring our own choir, many people requested information on where to buy the full DVD set. Steven Benson has asked that a payment be made to the account: Picture That A/C 31545920 Sort Code 60-12-30 cost £21.39 which includes P+P. Then please send an email to choralevensong@gmail.com with postal details. DVDs will be sent by return of post.

THE SPECIALISTS
FOR
ALL YOUR
TREE
SERVICES
IN STOCKPORT



Nathan 07725 887 630
Chris 07916 947 012
Office 0161 427 9745
nsherratt@lakesidetreecare.co.uk



www.lakesidetreecare.co.uk



Appeal for more Intercessors for Church services

We are very grateful to our current team who regularly prepare and read the Intercessions Sunday by Sunday. BUT - we really do need some more people to join us so that no-one is called upon too often. Only writing or only reading the Intercessions are also options if you would prefer to do one or the other rather than both. Guidance and weekly resources are provided. Please do talk to me if you feel this is something you might be able to take on.

Lesley Fletcher

Thought for the Month

Jenny Johnson

Life in all its fullness was the subject of weekly meetings organised by Andrew and Chris for Lent this year. Five meetings of thought-provoking and uplifting ideas based on Jesus' saying, "I have come that they may have life, and have it abundantly." On behalf of everyone who attended and enjoyed the experience, this is an opportunity to thank both of them for their time taken to plan these sessions and to have shared their views as priest and therapist. It was a unique experience to consider on the one hand our Christian heritage and teachings and on the other hand the modern day attitudes towards mindfulness. Some striking similarities! At the end of the last session we were all invited to choose a quotation slip to take home with us. This was my choice.

Gratitude unlocks the fullness of life. It turns what we have into enough and more. It turns denial into acceptance, chaos to order, confusion to clarity. It can turn a meal into a feast, a house into a home, a stranger into a friend. Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow.

Melody Beattie

Prayer for the Month

Go gently, my friends:
feel the good earth
beneath your feet,
celebrate the rising of the sun,
listen to the birds at dawn,
walk gently under
the silent stars,
knowing you are on holy ground
held in love –
in the wonder of God's creation.

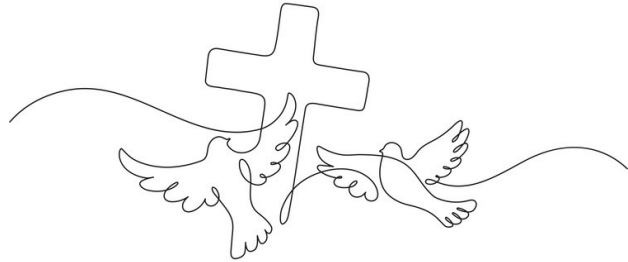


From the Registers

Funerals

*We remember before God and commend
to his love and mercy*

Janet Roberts 20th March



A Belated Huge Thank You

Sally, Charlotte, Jim and Will Maltby would very belatedly like to thank everyone, who helped us organise Barrie's Funeral last February. Thank you so much too, for the kind messages, help and support that we have received at this difficult time.

Sally Maltby

Stewards Rota

8.30am

May 3 J Shiel
May 10 J Butterworth
May 17 P Cunningham
May 24 J Shiel
May 31 J Butterworth
June 7 P Cunningham

10.00am

R and J Elliott
M Lowe and J Mason
P and L Forbes
K Hargreaves and C Langford
S McAllister and C Starling
A Muller and P Long

Please arrange your own substitute. If this is not possible contact Mary Heijbroek 427 3241.

Flower Rota

May 3 Alison Dowdeswell	June 7 Wedding flowers
May 10 Karen Greenough	June 14 Jill Baker
May 17 Julia Mann	June 21 Jenny Butterworth
May 24 Malcolm Moss Pentecost	June 28 Fête flowers
May 31 Janet Jones	

If you wish to change a date, need a key or have any query, please contact Jill Baker (07881 902533 or jillbaker427@hotmail.com) Flower rota

Holy Dusters

May 3 J Burrows & E Wilson
May 10 S McAllister & M Williams
May 17 J Mann & J Carr
May 24 M & R Leng
May 31 P Cunningham & I Morris
June 7 J & D Butterworth

Brass Cleaning

J Briggs & H Carlsson

Please arrange your own substitute. Any problems contact Mary Heijbroek 427 3241

Subscribe to Outlook

Would you like to subscribe to **Outlook Magazine** with a delivery to your door every month for just £10 a year? If so, please contact the Parish Office at office@mellorchurch.org or tel: 0161 484 5079.

PIANO LESSONS in Mellor or online

Ruth Holt BA, ALCM PGCE

Beginners – Grade 8, tinies to oldies.

Enquires to ruthholt.mellor@gmail.com

Or **07532 122982**



Rest & Recuperation for Older People

We have friendly staff and happy times
 Birthday parties cake and wine
 Your never alone, someone's always there
 A friendly face to help and care
 So call or visit and have a look
 there's no place better than

Mellor Nook

0161 427 4293
www.mellornook.co.uk
manager@mellornook.co.uk



Play Badminton in Mellor

Used to play Badminton? Want to make a comeback?

Tuesday 10am -12noon & 2pm - 5pm

Social Badminton all standards Monday at 8pm
 Junior Coaching 3 groups Monday from 5pm

Stockport League and Thameside League
 matches played Tuesday & Thursday 7pm

Mellor Badminton Club
 Longhurst Lane, Mellor

For further details contact Chris Jarvis 07934409017
 or John Pawsey 07855334247

Peak Paving

Building and landscaping services
All areas of building work undertaken
Guild of Mastercraftsmen
 (legitimate members)

- | | |
|-----------------|---------------|
| * Brickwork | * Walling |
| * Plastering | * Blockpaving |
| * Roofing | * Flagging |
| * Windows | * Decking |
| * Refurbishment | * Fencing |
| * Alteration | |

All work guaranteed
 Phone now for a free estimate

D.Smith 0161 292 5385/07931 603 487
K Dixon 01457 858 951/07939 346 080

facebook.com/peakpavingandlandscaping
peakpavingandlandscaping.co.uk

Key Holidays Travel Agency

Fantastic Local Travel Agent offering you great service
 Cruise, River Cruise & Rail Holidays
 European & Worldwide Holidays & Tailormade Tours

Book with confidence

Tel: 0161 494 5881

Email: info@keyhols.com

Key House, 76 Compstall Road, Romiley, SK6 4DE

www.keyhols.com



Beach



Cruising



Escorted Tours



Ski



Safari Holidays



Rail Holidays

Katherine Scott Limited

Chartered Accountant

Kate Scott BA Hons FCA Sole Practitioner

Tax & VAT Returns, Payroll, Accounts Preparation, Bookkeeping

Free initial meeting

Marple Bridge

0161 355 5911/07855 785 450 Kate@katherine-scott.co.uk



Front cover and illustrations: istock
 Back cover : Mike Benford Miller